

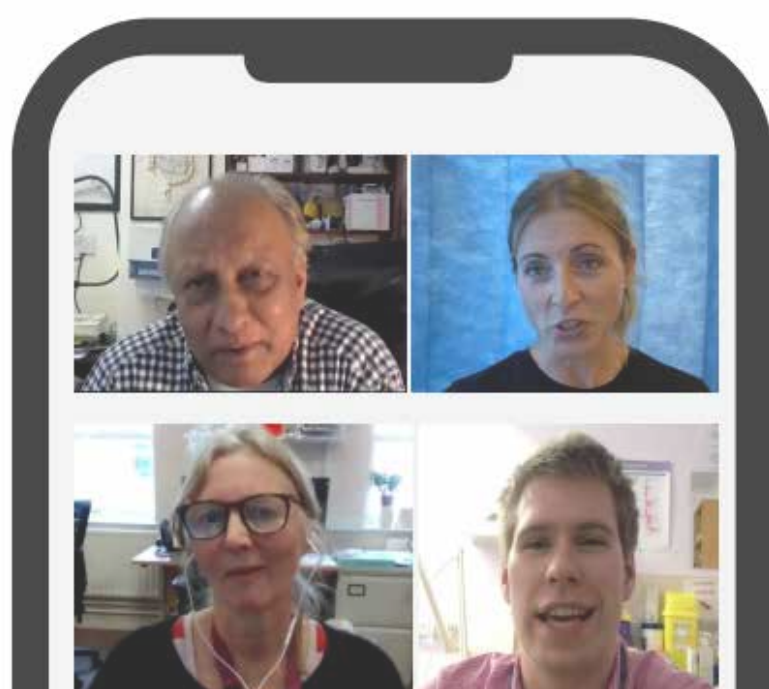


HCL DIABETES VIRTUAL GROUP CONSULTATIONS

We provide one-to-one care delivered in a supportive group environment, using virtual platforms.

Virtual Group Consultations are an effective and efficient way to deliver diabetes reviews and make good use of reduced healthcare resources.

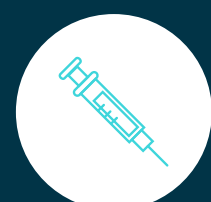
Suitable for all Type 2 diabetes patients.



OUR SERVICE



Virtual Group Consultations replaces traditional one-to-one appointments. Consultations consists of groups of 8-15 patients with the same conditions and similar challenges.



Embeds clinical care, lifestyle advice and education in a supportive peer environment. Session include topics on 'understanding your diabetes; improving your wellbeing and how to maintain these changes'.



Positive healthcare outcomes reported such as improving patients ability to self manage their condition and feel more confident to self care.



"Health information including where I'm at in terms of my Information on my BP, cholesterol levels etc. Both facilitators were excellent. Good pace and delivery. Group discussion was very useful." Anonymous patient

To refer in please email hcl.vgc@nhs.net or contact the Care Navigator at your practice!